



Altipress[®] | MADE TO MEASURE

Advanced Leg Ulcer Treatment



Altipress® Made to Measure is specifically designed for the treatment and management of venous leg ulcers. The Altipress 40® kit consists of two stockings that are worn one on top of the other. The liner applies 10mmHg and the overstocking is a British Standard Class III stocking. Together, they provide the 40mmHg compression at the ankle required for leg ulcer healing.

Altipress® Liners are also available separately in packs. They are used for palliative care, maintenance therapy and for those intolerant of higher levels of compression. They can also be layered to provide higher levels of compression.



Altipress® Made to Measure is despatched within 72 hours* from receipt of order.

Altipress® stockings are latex free.

How Altipress® Made to Measure Works

Altipress® stockings provide graduated compression. This means that the compression is higher at the ankle and gradually reduces up the leg. Graduated compression stockings gently squeeze the legs to improve blood flow. The aim of the stockings is to counteract the raised pressure in the leg veins.

The increased pressure of blood in the leg veins is due to blood collecting in the smaller veins next to the skin. The blood tends to collect and pool because the valves in the larger veins have become damaged.

Compression hosiery has been clinically proven to heal and reduce the recurrence of leg ulcers. Altipress® stockings provide the compression required to support the valves and veins and help the blood flow up the legs, which helps the leg ulcer to heal. It is important that you wear your Altipress® stockings every day, or as you have been advised by your healthcare professional.

Leg measurements should be taken by an experienced healthcare professional to ensure the Altipress® stockings fit correctly. You should be re-assessed and measured regularly – your healthcare professional will advise. If your Altipress® stockings are too loose, they will not provide the correct pressure and if they are too tight, they may cause skin damage.

Caution: If you have any concerns about the use of compression hosiery, or if your legs become itchy, painful or hot, the stockings feel too tight or you lose sensation in your toes, or you notice colour changes to your skin **consult your healthcare professional immediately for advice.**

Applying your Altipress® Made to Measure Stockings

Altipress® Made to Measure stockings are designed to provide the optimum fit, compression, and comfort when applied correctly according to the recommended application guidelines.

Begin by applying your Altipress® Liner:

- Slide your hand into the stocking until you reach the heel pocket
- Pinch the heel and pull the stocking gently inside out
- Fold back 2cm of stocking at the opening of the foot until your heel fits snugly into the elasticated pocket making sure that your toes are not restricted
- Work the stocking up your leg in small sections, starting with the ankle and avoid forcing the stocking wherever possible
- The stocking should be pulled up to the bend at the rear of your knee. Any excess fabric should be smoothed back into the stocking, do not roll or fold back the excess. If in doubt consult your healthcare professional
- With all hosiery always make sure that your toes are not restricted when wearing the stockings



If you have an Altipress 40® kit, apply your Altipress® outer stocking once the Altipress® liner stocking is positioned correctly on the limb, following the steps above.

Only one liner and one outer stocking are worn at any one time.

How to Remove your Altipress® Made to Measure Stockings

Peel your stockings back from the top turning them inside out as they are removed.

Remember to turn your hosiery the right way out before washing or re-using it.

Caring for your Altipress® Made to Measure Stockings

Avoid damage to your Altipress® stockings by smoothing rough edges from finger and toe nails and removing jewellery when putting it on or taking it off. It is advisable to wear footwear whenever possible to help prevent excessive wear on your hosiery.

Altipress® garments should be hand washed at 40°C and should be left to dry flat away from direct heat.

Dry away from heat, DO NOT wring, iron, tumble-dry, dry clean or bleach your Altipress stockings.



Altipress® Made to Measure stockings are designed to last for a minimum of 3 months if cared for correctly.

Should you have any questions about using or caring for your hosiery please consult your local healthcare professional.

Sockaid™

Sockaid has been specifically designed to help you apply your Altipress® Made to Measure hosiery. It is available on prescription and details are available from your local pharmacist.





Indications:

- Treatment and management of venous leg ulcers
- Prevention of VLU recurrence
- Patients not suitable for or tolerant of compression bandages

Contraindications:

- Peripheral Vascular Disease (PVD), confirmed with an ABPI (Doppler) reading of less than 0.8
- Acute or unstable Heart Failure
- Ischaemic Heart Disease (IHD), also called Coronary Artery Disease
- Untreated Cellulitis or Phlebitis of the Lower Limb

If in any doubt please contact an appropriate Healthcare Professional.

Use with caution and only under Medical/Healthcare supervision or advice with the following conditions:

- Diabetes
- Rheumatoid Arthritis
- Heavily exuding or large wounds
- Irregular shaped limb

For further information related to any of the above conditions please contact your local Healthcare Practitioner.



Altipress is a registered trademark of AltiMed Limited
Sockaid is a trademark of AltiMed Limited

Urgo Limited – Sullington Road Shepshed Loughborough LE12 9JG
Tel: 01509 501720 Fax: 01509 501721 Web: www.altimed.co.uk