



Altiform[®] | MADE TO MEASURE

British Standard
Compression Hosiery



Altiform Made to Measure compression stockings are specifically designed to provide the correct pressure - from light to firm support - dependent on the medical indication. The soft lightweight fabric provides exceptional comfort and the unique elasticated toe and heel make them easy to put on and take off. The individual measurements ensure that they are comfortable, well-fitting and that the required pressures are maintained throughout their lifetime.

Altiform Made to Measure stockings are dispatched within 72 hours* from receipt of order.

Altiform Made to Measure stockings are latex free.



How Altiform Made to Measure Works

Venous blood flows back to the heart against gravity, from the superficial to the deep veins in the legs, assisted by one-way valves to prevent "back-flow" and the activity of the calf muscle which acts as a pump. Damaged veins result in increased pressure in the vein, causing fluid build-up in the lower limbs and can lead to the development of varicose veins or leg ulceration.

Altiform Made to Measure compression stockings provide the correct recommended pressure to reverse the effects of damaged valves. Altiform applies higher compression at the ankle, gradually reducing the pressure up the leg which helps to improve venous blood flow reducing the effects of these conditions.

Leg measurements should be taken by an experienced healthcare professional to ensure the Altiform stockings fit correctly.

You should be re-assessed and measured regularly – your healthcare professional will advise. If your Compression stockings are too loose, they will not provide the correct pressure and if they are too tight, they may cause skin damage.

Caution: If you have any concerns about the use of compression hosiery, or if your legs become itchy, painful or hot, the stockings feel too tight or you lose sensation in your toes, or you notice colour changes to your skin **consult your healthcare professional immediately for advice.**



Applying your Altiform Made to Measure stockings

Altiform Made to Measure stockings are designed to provide the optimum fit, compression, and comfort when applied correctly according to the recommended application guidelines.

Application Guidelines:

- Put on your Altiform stockings first thing in the morning before any swelling has had a chance to build up in the legs, ankles and feet
- Slide your hand into the hosiery and turn it inside out as far as the heel
- Fit the stocking over the foot, ensuring the heel is correctly fitted into the heel pocket and the toes are not restricted
- Ease the hosiery up the leg in small sections – don't pull it up from the top. Smooth out any wrinkles or creases in the hosiery
- Below knee hosiery should come to just below the knee bend and thigh length to mid-thigh
- **DO NOT** roll back the top of the hosiery as this may cause a restriction in blood flow
- Ensure you can "wriggle" your toes comfortably



How to remove your Altiform Made to Measure stockings

Peel your stockings back from the top turning them inside out as they are removed.

Remember to turn your hosiery the right way out before washing or re-using it.

Caring for your Altiform Made to Measure stockings

Avoid damage to your Altiform stockings by smoothing rough edges from finger and toe nails and removing jewellery when putting it on or taking it off. It is advisable to wear footwear whenever possible to help prevent excessive wear on your hosiery.

Altiform garments should be hand washed at 40°C and should be left to dry flat away from direct heat.

Do not iron, tumble-dry, dry clean or bleach your Altiform stockings

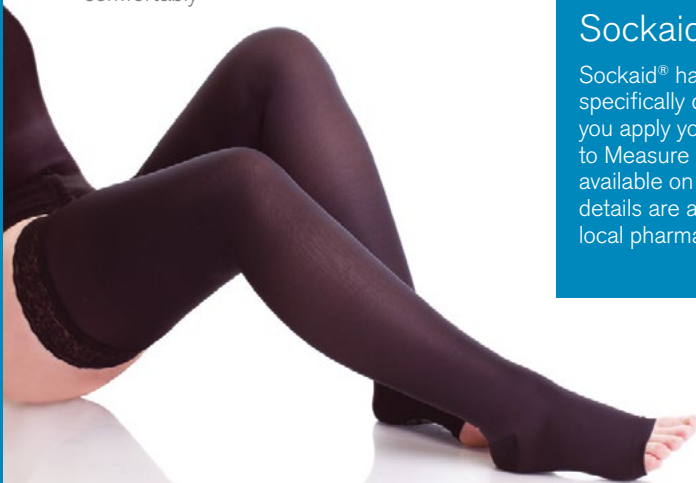


Altiform Made to Measure stockings are designed to last for a minimum of 3 months if cared for correctly.

Should you have any questions about using or caring for your hosiery please consult your local healthcare professional.

Sockaid®

Sockaid® has been specifically designed to help you apply your Altiform Made to Measure stockings. It is available on prescription and details are available from your local pharmacist.



Altiform Made to Measure compression classes

Three classes of graduated compression are available:

Class I (14-17mmHg compression at the ankle)

For superficial or early varices, varicosis during pregnancy, swollen or aching legs and ankles. Suitable for long distance travel. Two garments may be layered to provide approx. 30mmHg at the ankle.

Class II (18-24mmHg compression at the ankle)

For varices of medium severity, venous leg ulcer therapy and the prevention of leg ulcer recurrence, mild oedema and varicosis during pregnancy. Suitable for long distance travel.

Class III (25-35mmHg compression at the ankle)

For gross varices, post thrombotic venous insufficiency, gross oedema, venous leg ulcer therapy and for the prevention of leg ulcer recurrence.

Altiform Made To Measure Range

Altiform Made to Measure Compression Stockings are available as both knee and thigh length stockings with an open or closed toe. All styles come in either soft beige or black.

Thigh length stockings are available with both plain or lace-top hold-ups.



Contraindications

- Heart Failure that despite treatment, still causes significant symptoms e.g. breathlessness
- Peripheral Arterial Disease (PAD) in legs, also known as Peripheral Vascular Disease (PVD)
- Ischaemic Heart Disease (IHD), also called Coronary Artery Disease
- Untreated Cellulitis or Phlebitis in the leg

If in any doubt please contact an appropriate Healthcare Professional.

Use with caution and only under Medical /Healthcare Supervision or advice with the following conditions:

- Diabetes
- Rheumatoid Arthritis (RA)

For further information related to any of the above conditions please contact your local Healthcare Practitioner.



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